



❖ We emphasize proper clothing for the expected and unexpected weather condition(s)!!

Venture Requirements

- **Closed toe shoes REQUIRED** for ALL Venture activities except water based activities.
 - Sneakers, boots and other closed toe shoe are appropriate but **NOT** high heels, Teva, flip-flops, or other types of sandals.
 - If a participant comes in something other than shoes, that individual will end up being just a spectator. ☹
- Clothing - something comfortable for being athletic and / or moving around physically and appropriate for the weather.
 - If wearing shorts, recommendation is that they come down to or past mid thigh for comfort and discreteness from the safety harness.

Recommendations:

- Several light layers of clothing are better than one heavy layer.
- **Water bottle** and personal **snacks** (highly recommended!)
(Venture will provide water and cups)
- Bug spray / sunscreen lotion
- Hat / gloves for cold weather
- Rain Gear
- Camera
- Fun, positive attitude!! 😊