

The University of North Carolina at Charlotte
Department of Kinesiology

I. Course Title:	INTRODUCTION TO OUTDOOR ADVENTURE
II. Course Number:	EXER 1231
III. Credit Hours:	1
IV. Meeting Times:	Wednesday 11:00 AM – 12:15 PM, weekend trips and workshops scheduled throughout the semester
V. Meeting Place	Venture Office in Cone University Center
VI. Instructor:	Sarah Fox
VII. Office	Venture Office in Cone University Center
VIII. Office hours:	By appointment or just stop by
IX. Phone / E-mail:	704-687-3398 slfox1@email.uncc.edu

X. Catalog Description:

KNES 1231, Introduction to Outdoor Adventure (1 credit). An introduction to outdoor education through participation in a variety of weekend outdoor trips offered by Venture. Discussions and written reflection will expand students' sense of self, and their connection with others and with the natural environment. A special fee will be charged to cover the costs of the Venture weekend trips that are individually chosen.

XI. Course Mission

To provide opportunities to fuel richer, more effective lives by developing one's intrapersonal, interpersonal, and environmental awareness through challenging activities and subsequent reflection.

XII. Course Content:

- Personal challenge and discovery through adventure activities, especially outdoor wilderness experiences
- Reflection on / processing of experiences
- Instruction in specific skill areas, depending upon workshops selected, to include safety considerations, equipment selection and care, and Leave No Trace environmental practices.

XIII. Class Requirements & Assignments:

- **Friday February 1 (1 PM – 6 PM) High Team Challenge Course Experience**
 - **Trip Participation: Each student is required to register, attend pre-trip meetings, and participate in Venture wilderness adventure trips. Each student must complete a minimum of 3 trip credits as indicated on the Venture Spring 2008 Schedule. Classroom Participation: A participation grade is given for active participation in classroom activities, assignments, and quizzes.**
 - Reflection Papers: Reflection papers are due by 11:00 AM on the Wednesday following your scheduled trip. Papers are to be typed, double-spaced and a hard copy turned in to me or placed in my mailbox. (not e-mailed)
 - Final Projects: Each student will present to the class what he/she learned this semester related to intrapersonal growth, interpersonal development, and connectedness to the natural environment.
- ***All assignments are to be completed on the scheduled due date unless previously discussed with the instructor. Assignments turned in after the due date will be deducted a letter grade for each day they are late.

XIV. Additional Trip Information:

- Students are required to attend the pre-trip meetings for the trips they are registered for. Missing pre-trip meetings for any reason other than a conflict with another academic class will affect your final grade.
- The student is responsible for the fees of the specific trips which he/she registers at the Venture office. If fee assistance is needed talk with the instructor.
- **Trip registration and full payment for trips must be completed by Jan 30th.** Failure to register and pay for these required trips will result in lowering your participation grade by 5 points for each day late.
- Regular Venture policies (as listed in the Venture On-line Catalog) will be in effect, including the cancellation & refund policies. Please review these policies.

XV. Attendance

- Attendance in this class is mandatory and is 50% of your grade. Attendance includes Wednesday class sessions, pre-trip meetings, trips, and the Challenge Course day.
- A student who misses one of the expected trip days (including the challenge course day) will have his/her final grade reduced by one grade level.
- **A student who misses 2 or more trip days will receive a failing grade (F) for the course (In the case of emergency/injury, arrangements for an incomplete (I) for the course can be arranged).**

XVI. Grading

Grades are based upon total points accumulated in:

Attendance & Participation	50 points
Reflection Papers	30 points (10 points each)
Final Project	20 points
Total	100 points

The grading scale is the standard:

A	90-100%
B	80-89%
C	70-79%
D	60-69%
F	Below 60%

XVII. Academic Integrity

All students are required to read and abide by the Code of Student Academic Integrity. Violations of the Code of Student Academic Integrity, including plagiarism, will result in disciplinary action as provided in the Code. Definitions and examples of plagiarism are set forth in the Code. The Code is available from the Dean of Students Office or online at: <http://www.legal.uncc.edu/policies/ps-105.html>

XVIII. Accommodations for Disabilities:

Students in this course seeking accommodations to disabilities should first consult with the Office of Disability Services and follow the instructions of that office for obtaining accommodations.

XIX. The standards and requirements set forth in this syllabus may be modified at any time by the course instructor. Notice of such changes will be by announcement in class or by e-mail.

Students have the responsibility to know and observe the requirements of the University Regulations of Student Conduct, which are found in the UNC Charlotte Catalog.