Venture Shoe Requirement

• Closed toe shoes REQUIRED for all of Venture activities (except water based activities.)
  
  o Sneakers, boots and other closed toe shoe are appropriate but NOT Teva, flip-flops, or other types of open toed shoes / sandals.
  
  o If a participant comes in something other than shoes, that individual will NOT be able to participate.

Recommendations:

• Clothing - something comfortable for being athletic and / or moving around physically.

• We emphasize to please bring / wear proper clothing for the expected and unexpected weather condition(s)  (Several light layers of clothing are better than one heavy layer.)

• If wearing shorts, recommendation is that they come down to or past mid thigh for comfort and discreteness from the safety harness.

• Personal water bottle and personal snacks  (Venture will provide water and paper cups)

Other Recommendations:

• Bug spray / sunscreen lotion

• Hat / gloves for cold weather

• Rain Gear

• Camera

• Fun, positive attitude!! ☺