Contraindications for Participation

Before a participant uses the wall for their first time, each individual will be asked whether they have any of the following conditions. If appropriate, limit access to the Wall for those who have contraindications for participation. A physician approval is required for participation for individual with any of these conditions:

Contraindications for Participation
- High Blood Pressure (>145/90)
- Unstable cardiovascular or respiratory conditions
- Active back or joint problems (recent or recurring injuries)
- Uncontrolled diabetes, epilepsy, or seizures
- Post-partum (< 6 weeks since giving birth)

Staff should be aware that preliminary research indicates that psychological fear (i.e. fear of height) can accelerate an individual's heart rate as high as 180 beats per minute; this could strain a weak heart.

*Staff have the right to deny access to the wall for any individuals whom they consider a safety risk to themselves or others.*

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